

Antimicrobial Pipeline: Understanding Gram- Negative Resistance

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Stewardship

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Conflict of Interest Declaration

- I have no actual or potential conflicts of interest

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Off-label Indications

- I will be discussing off-label indications and currently unapproved agents

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Learning Objectives

- Define Multidrug-Resistant (MDR) and identify the most common pathogens
- Describe the mechanisms behind multi-drug resistance (MDR)
- Compare available antimicrobial agents for MDR pathogens
- Evaluate the impact of MDR on patient care and public health

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Impact of Gram-negative Infections?

- Gram-negative resistance continues to increase
 - Somewhat driven by antibiotic use
- Morbidity and mortality due to Gram-negative infections continue to increase
- Treatment can be challenging
 - Few antibiotics available to treatment but has been increasing
 - Multiple resistance mechanisms present in one organism
 - Resistance can develop rapidly

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Gram-negative Resistant Pathogens

- Extended-spectrum β -lactamase (ESBL)-producing *Enterobacteriales*
- AmpC β -lactamase-producing *Enterobacteriales*
- Carbapenem-resistant *Enterobacteriales*(CRE)
- Difficult-to-Treat (DTR) *Pseudomonas aeruginosa*
- Carbapenem-resistant *Acinetobacter baumannii*(CRAB)
- Multidrug-resistant *Stenotrophomonas maltophilia*

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Impact of Gram-negative Resistance

Organism	Infections/Year	Deaths/Year	CDC Category
ESBL-producing Enterobacteriales	197,400	9,100	Serious
AmpC-producing Enterobacteriales	Not Reported	Not Reported	Not Classified
CRE	13,100	1,100	Urgent
DTR <i>P. aeruginosa</i> *	32,600	2,700	Serious
CRAB	8,500	700	Urgent

* Reported as the broader MDR *P. aeruginosa*

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Gram-negative Resistance Mechanisms

- Minimization
 - Porin mutations
 - Efflux pumps upregulated
- Modification
 - Replace target
 - Mutate target
 - Protect target
- Inactivation
 - Modify antibiotics
 - Enzymatically hydrolyze antibiotics

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Minimization: Efflux Pumps

- Complex transcriptional response to antibiotic exposure that leads to upregulating transporters
- 6 families of efflux pumps
 - Major Facilitator Superfamily (MFS)
 - ATP-Binding Cassette (ABC)
 - Multidrug And Toxic compound Extrusion (MATE)
 - Small Multidrug Resistance (SMR)
 - Resistance-Nodulation-Division (RND)
 - Proteobacterial Antimicrobial Compound Efflux (PACE)

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Minimization: Outer Membrane Porins

Defense mechanism restricting antimicrobial access across Gram-negative bacterial membranes

Loss of Porins

Elimination of specific membrane proteins blocks antibiotic penetration into periplasmic space

Mutation of Porins

Structural alterations selectively block antibiotics while allowing essential nutrient uptake

Decreased Expression

Reduced porin synthesis limits channels available for antibiotic entry

Clinically Significant Porin-Mediated Resistance

E. coli

Porins: OmpC, OmpF
Resistance: β -lactams, including extended-spectrum cephalosporins

K. pneumoniae

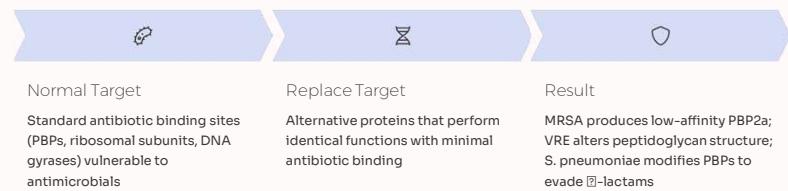
Porin: OmpK35, OmpK36
Resistance: Cephalosporins, carbapenems, fluoroquinolones

P. aeruginosa

Porin: OprD
Resistance: Primarily imipenem and meropenem (carbapenems)

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Modification: Replace



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Modification: Modify

Modification resistance mechanisms alter the bacterial targets that antibiotics attack, rendering treatments ineffective. These sophisticated molecular adaptations are particularly concerning in Gram-negative pathogens:

Mutation Modification

Genetic mutations in *gyrA* and *parC* genes alter DNA gyrase and topoisomerase IV binding sites in *Enterobacteriales*, conferring fluoroquinolone resistance while preserving enzyme function

Enzymatic Modification

Bacteria modify their cellular targets to prevent antibiotic binding without compromising essential functions, creating a molecular shield against antimicrobial agents

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Modification: Protect

Bacteria develop protection mechanisms that shield antibiotic targets, rendering treatments ineffective. These adaptations are especially concerning in Gram-negative pathogens:

- **Protect target:** *Pseudomonas aeruginosa* produces Qnr proteins to shield DNA gyrase from quinolones, while *Acinetobacter* species use TetM proteins to prevent tetracycline binding to ribosomes

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ESBL (Ambler Class A)



Class A Extended-Spectrum β -Lactamases

- *TEM, SHV, CTX-M* families (*CTX-M-15* most common)
- Serine active site enzymes inhibited by β -lactamase inhibitors*

Substrate Profile

- Hydrolyze penicillins, all generation cephalosporins, and aztreonam
- Spares cephemycins (cefoxitin, cefotetan) and carbapenems

Epidemiology

- Plasmid-encoded, spread through horizontal transfer
- Defined by elevated MICs to 3rd generation cephalosporins (≥ 4 mcg/mL)

ESBL Detection



Disk Diffusion

Test ceftazidime and cefotaxime with and without clavulanate

ESBL: ≥5mm zone diameter increase with clavulanate



Broth Microdilution

Test ceftazidime and cefotaxime with and without clavulanate

ESBL: ≥3× 2-fold MIC reduction with clavulanate

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ESBL Detection (cont)



Detection Methods

- **Molecular:** Multiplex PCR identifies specific ESBL genes (*TEM*, *SHV*, *CTX-M*)
- **Automated Testing Systems:** Use ESBL screening algorithms (>95% sensitivity)



Laboratory Reporting Protocol

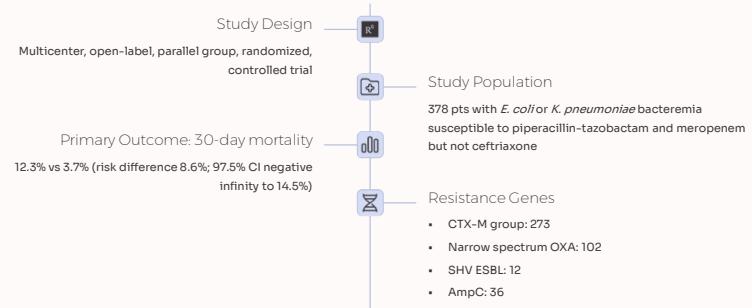
Report resistance to all penicillins, cephalosporins, and aztreonam, even if *in vitro* susceptible, as these drugs may not be effective.

- Include: "ESBL-producing organism detected. Treatment with these agents may result in clinical failure."

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MERINO-1

Key findings from this important clinical study:



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MERINO-1: Post-Hoc Analysis

E. coli Sequence Types (ST)

Most common: ST131 (n=143 isolates)

- Co-harboring OXA genes (45%) – Higher rate than other STs combined (21%)
- Harboring both OXA and ESBLs = Significantly higher modal PTZ MICs 8 vs 2 mcg/ml; P <0.001

30-day Mortality Outcomes

Primary outcome: 30-day mortality

- PTZ NS breakpoint (MIC >16 mcg/mL) (OR, 14.9; 95% CI, 2.8-87.2)
 - Mortality difference increased 9% (95% CI, 3-15%)
 - Post-hoc microbiologic assessable populations – mortality difference increased 8% (95% CI, 2-15%)

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Example Susceptibility Report: *ESBL*

Antibiotic	MIC (mcg/mL)	Interpretation
Ampicillin	64	Resistant
Ampicillin/sulbactam	32/16	Resistant
Cefazolin	16	Resistant
Cefepime	64	Resistant
Cefoxitin	1	Susceptible
Ceftriaxone	8	Resistant
Ciprofloxacin	0.5	Susceptible
Gentamicin	2	Susceptible
Meropenem	0.25	Susceptible
Piperacillin/tazobactam	128	Resistant

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Treatment

- Treatment of choice: **carbapenems**
- Potential options
 - Ceftazidime/avibactam
 - Ceftolozane/tazobactam
 - Polymyxins
 - Tigecycline

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Treatment Options for ESBL Pathogens

Comparing key characteristics of alternative antimicrobial agents

Ceftazidime/avibactam

Spectrum of Activity:

Dosing:

Cefotolozane/tazobactam

Spectrum of Activity:

Dosing:

Polymyxins

Spectrum of Activity:

Dosing:

Tigecycline

Spectrum of Activity:

Dosing:

cIAI = complicated intraabdominal infection; cUTI = complicated urinary tract infection; HAP = hospital-acquired pneumonia; VAP = ventilator-associated pneumonia

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Clinical Controversies

Cephamycins

- Limited clinical evidence in comparative studies
- Reduced efficacy when additional resistance mechanisms are present

Aminoglycosides

- Often compromised by co-occurring resistance determinants
- May serve as adjunctive option in empiric combination therapy regimens

Fluoroquinolones

- Consider only when susceptibility is definitively confirmed by laboratory testing
- Monitor for emergence of resistance during therapy

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Do NOT use

- Cephalosporins other than cephamycins, cefiderocol, future others?
 - Avoid 1st – 3rd generation
 - Cefepime may be considered with MIC <= 2 mcg/mL when high doses are used
- Piperacillin/tazobactam
 - Treatment failures have been reported
 - Higher mortality compared with meropenem in GN infections resistant to 3rd generation

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ESBL Risk Factors

- | | |
|--|--|
|  Prior antibiotic exposure (within 3 months) |  Healthcare exposures
Indwelling devices (central/urinary catheters >72 hours)
Mechanical ventilation
Recent surgery, especially GI procedures
Prolonged hospitalization (>14 days, ICU stay) |
|  Comorbid conditions
Uncontrolled diabetes (HbA1c >8%)
Malignancies (solid/hematological)
Chronic renal failure (GFR <50 mL/min) |  Community-acquired UTI risk factors
Females (>65 years)
Recurrent UTIs (≥ 3 /year) |

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ESBL Clinical Pearls

- Carbapenems are drugs of choice
 - Use extended infusion over intermittent infusions if able
- May consider carbapenem-sparing therapy but likely more expensive
- Avoid polymyxins or tigecycline monotherapy for severe infections
- Optimize dosing in severe infections

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Which bacterial resistance mechanism is represented by this susceptibility profile?

Antibiotic	Interpretation
Ampicillin	Resistant (R)
Ampicillin/sulbactam	Resistant (R)
Cefazolin	Resistant (R)
Cefepime	Resistant (R)
Cefoxitin	Susceptible (S)
Ceftriaxone	Resistant (R)
Meropenem	Susceptible (S)
Piperacillin/tazobactam	Resistant (R)
Ceftazidime/avibactam	Susceptible (S)
Meropenem/vaborbactam	Susceptible (S)

Select the most likely mechanism:

- AmpC β -lactamase
- Extended-spectrum β -lactamase (ESBL)
- Klebsiella pneumoniae carbapenemase (KPC)
- New Delhi metallo- β -lactamase (NDM)
- Oxacilline-48 (OXA-48)

Note: Resistance to carbapenems with susceptibility to newer β -lactam/ β -lactamase inhibitor combinations is the key diagnostic pattern.

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AmpC β -lactamase (Class C)

Two major types with distinct clinical implications

Chromosomal AmpC

Constitutively expressed in certain *Enterobacteriales*
Can be inducible with certain β -lactams, leading to treatment failure

Both types hydrolyze penicillins, cephalosporins (including cephemycins), and are resistant to β -lactamase inhibitors like clavulanate and tazobactam

Plasmid-Mediated AmpC

Transferable resistance mechanism found in *K. pneumoniae* and *E. coli*
Not inducible but confers resistance to cephalosporins and penicillin/BLI combinations

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AmpC Inducible chromosomal resistance

AmpC β -lactamase production regulation pathway:

- AmpG: Membrane permease transporting muropeptides, activates signaling
- AmpD: Amidase cleaving anhydromuropeptides, reduces AmpR binding
- UDP-N-acetylglucosamine: Enables AmpR-DNA binding, repressing AmpC (**Repressed state**)
- β -lactam exposure (cefoxitin, imipenem) disrupts pathway, accumulates anhydromuropeptides, activates AmpR

Mutations in AmpD, AmpR, or AmpG can cause hyperproduction and resistance without antibiotic exposure

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Chromosomal AmpC

- Chromosomal gene in HECK-Yes organisms
- *H: Hafnia alvei*
- *E: Enterobacter cloacae complex (ECC)*
- *C: Citrobacter freundii complex*
- *K: Klebsiella aerogenes*
- *Y: Yersinia enterocolitica*

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Chromosomal AmpC

What about MYSPPACE/SPACE/SPICE/ESKAPE?

- HECK-Yes pathogens:
 - 15-fold higher than *Serratia liquefaciens*
 - 50- to 150- fold higher than *Providencia spp.* and *Serratia marcescens*
 - 600-fold higher than *Morganella morganii*

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AmpC β -lactamases

AmpC enzymes are cephalosporinases that hydrolyze penicillins, cephalosporins, and occasionally carbapenems.

- Resistant to traditional β -lactamase inhibitors:
 - Tazobactam*
 - Sulbactam
 - Clavulanate
- Notable exceptions:
 - *Morganella morganii* AmpC: uniquely inhibited by tazobactam
 - Hyperproduced AmpC can overcome tazobactam
- Effectively inhibited by newer agents:
 - Avibactam
 - Vaborbactam
- Clinical impact: Confers resistance to:
 - 3rd gen cephalosporins
 - BL/BLI

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Chromosomal AmpC: Induction

Strong Inducers AND Hydrolyzed

- Aminopenicillins
- 1st gen cephalosporins
- Cephamycins
- Clavulanate

DO NOT USE

Strong Inducer NOT Hydrolyzed

- Carbapenems

POSSIBLE OPTION

Weak Inducer AND Hydrolyzed

- Ureidopenicillins
- 3rd gen cephalosporins
- Aztreonam

COMPLICATED

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AmpC: Weak Inducer AND Hydrolyzed

- Weak inducers select for derepressed mutants
- Initially appear susceptible but develop resistance on therapy
- Should avoid use in suspected AmpC infections

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AmpC Clinical Data

Cefepime for AmpC-producing infections:

- Tamma et al. (2016): No mortality difference between cefepime and meropenem
- Caution: 89% of *E. cloacae* with cefepime MICs 4-8 mcg/mL were ESBL producers
- High-dose extended infusion improves outcomes

Piperacillin-tazobactam vs. carbapenems:

- Harris (2018): Higher failure rates with piperacillin-tazobactam
- MERINO-2 trial: Ongoing comparison
- Tazobactam exhibits variable AmpC inhibition by organism

Guidelines: Carbapenems preferred for serious AmpC infections; cefepime if susceptible and optimally dosed.

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Plasmid-Mediated AmpC

Constitutively expressed at high levels without induction (unlike chromosomal AmpC)

Gene Families

- CMY (~70% of plasmid AmpC), DHA, FOX, ACC, ACT, MOX
- CMY-2: >90% of plasmid AmpC in the US

Prevalence in Enterobacteriales

- E. coli*: primary reservoir (2-8% of clinical isolates)
- K. pneumoniae*: concerning in healthcare settings (1-5%)
- P. mirabilis*: naturally AmpC-negative (acquisition problematic)

Clinical Impact

- 30-day mortality: 15-25% in bloodstream infections
- 3-fold higher treatment failure when misidentified as ESBL
- Often co-harbored with ESBLs and carbapenemases

AmpC Take Home Points

- Moderate to High Risk AmpC (*E. cloacae*, *K. aerogenes*, *C. freundii*)
- Use ceftazidime for MIC ≥ 2 mcg/mL
 - Switch to carbapenem if MIC ≥ 4 mcg/mL (ESBL co-production risk)
 - Optimal dosing: ceftazidime 2g q8h (3-4 hour infusion)
 - Consider carbapenem for critical illness or high-inoculum infections

- Lower Risk AmpC Organisms (*M. morganii*, *P. stuartii*, *P. rettgeri*)
- Ceftriaxone or piperacilllin/tazobactam suitable for UTI and uncomplicated infections
 - Monitor for plasmid-mediated AmpC in *K. pneumoniae* and *E. coli*
 - Cefotaxime MIC ≥ 16 mcg/mL suggests AmpC production
 - Cefepime susceptibility indicates minimal ESBL co-production
 - Piperacilllin-tazobactam: higher failure rates than carbapenems

Empiric Therapy Guidance

- Assess risk factors: prior antibiotics, healthcare exposure
- Use institutional antibiogram data
- De-escalate with susceptibilities and clinical improvement

Clinical Considerations

- Heightened risk: bacteraemia, pneumonia, high-inoculum infections
- Match therapy to source control and infection severity

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AmpC Detection

- No CLSI standardized methods or criteria for routine AmpC identification
- Detection challenging due to variable sensitivity/specificity of phenotypic tests
- Antimicrobial susceptibility patterns provide clues for presumptive identification
- Definitive molecular testing primarily available at reference laboratories

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AmpC Detection

Phenotypic disk-based methods

- Cloxacillin disk: ≥ 4 mm zone increase indicates AmpC
- Boronic acid disk: 80–95% sensitivity, 85–90% specificity
- Cefoxitin–cloxacillin test: Detects plasmid-mediated variants

Broth microdilution methods

- ≥ 4 -fold cefoxitin MIC reduction with cloxacillin confirms AmpC
- Commercial panels: Available in Europe, not FDA-approved in US

Molecular diagnostic techniques

- Multiplex PCR: Detects AmpC genes (2–4 hours)
- MALDI-TOF: Identifies β -lactam hydrolysis (93–97% accuracy)
- Whole genome sequencing: Reference standard, research use only

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AmpC Detection: Susceptibility Reports

- Chromosomal AmpC
 - May appear susceptible to 3rd gen cephalosporins when induction hasn't been observed
 - Resistance can develop upon antibiotic inducer exposure
- Plasmid-mediated AmpC
 - Susceptibility reports show resistance to 3rd generation cephalosporins

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AmpC Susceptibility Reports: *Enterobacter* spp.

Antibiotic	MIC (mcg/mL)	Interpretation
Ampicillin	16	Resistant
Ampicillin/sulbactam	32/16	Resistant
Cefazolin	≥64	Resistant
Cefepime	2	Susceptible
Cefoxitin	64	Resistant
Ceftriaxone	0.5	Susceptible*
Ciprofloxacin	0.5	Susceptible
Gentamicin	4	Susceptible
Meropenem	0.5	Susceptible
Piperacillin/tazobactam	16/4	Susceptible*

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AmpC Susceptibility Reports: *E. coli*

Antibiotic	MIC (mcg/mL)	Interpretation
Ampicillin	16	Resistant
Ampicillin/sulbactam	32/16	Resistant
Cefazolin	≥64	Resistant
Cefepime	2	Susceptible
Cefotixin	64	Resistant
Ceftriaxone	8	Resistant
Ciprofloxacin	0.5	Susceptible
Gentamicin	4	Susceptible
Meropenem	0.5	Susceptible
Piperacillin/tazobactam	128	Resistant

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AmpC: Treatment Strategies

Treatment selection should be guided by susceptibility testing, infection site, and patient factors.



Severe Infections

- Carbapenems (meropenem, imipenem) - First-line for serious infections
- New BLU/BLI combinations - Should be reserved
 - Reserve for those cases that are also carbapenem resistant

Mild-to-Moderate Infections

- Cefepime - Stable against AmpC hydrolysis at appropriate dosing
- Fluoroquinolones - When susceptibility is confirmed
- Trimethoprim-sulfamethoxazole - For susceptible urinary and soft tissue infections
- Nitrofurantoin - Reserved for uncomplicated lower UTIs only

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AmpC: Clinical Controversies

- **Cefepime Considerations:**
 - Optimize dosing (2g IV q8h) for maximum efficacy
 - Suitable for isolates with MIC ≤ 2 mcg/mL
 - Higher treatment failure risk with concomitant ESBL
 - Better for non-severe than critical infections
- **Piperacillin/tazobactam Challenges:**
 - Inconsistent clinical efficacy data
 - Outcomes vary by infection type
 - Evaluate patient factors and local resistance patterns

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AmpC: Risk Factors

- Risk profile overlaps significantly with **ESBL-producing** organisms
- Prior antibiotic exposure
 - Particularly 3rd generation cephalosporins (ceftriaxone, cefotaxime)
 - Extended and repeated courses increase risk
- Severe infections requiring intensive care admission
- Significant comorbidities
 - Hematologic malignancies and solid tumors
 - Immunosuppressive therapy (transplant, biologics)
 - Chronic renal or hepatic dysfunction
- Recent hospitalization or healthcare facility exposure

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AmpC: Clinical Pearls

- Standard labs rarely identify AmpC producers; rely on susceptibility patterns and clinical suspicion
- Recognize AmpC-producing organisms (*Enterobacter*, *Citrobacter*, *Serratia*) and adjust therapy accordingly
- Be aware of inducible AmpC when using certain β -lactams
- Treatment options:
 - Severe infections: Carbapenems
 - Moderate infections: Cefepime (appropriate dosing) or non- β -lactams when susceptible
- Avoid third-generation cephalosporins and ampicillin-sulbactam regardless of reported susceptibility

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Which bacterial resistance mechanism is represented by this susceptibility profile?

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Ampicillin	Resistant (R)
Ampicillin/sulbactam	Resistant (R)
Cefazolin	Resistant (R)
Cefepime	Susceptible (S)
Cefoxitin	Resistant (R)
Ceftriaxone	Resistant (R)
Meropenem	Resistant (R)
Piperacillin/tazobactam	Resistant (R)
Ceftazidime/avibactam	Susceptible (S)
Meropenem/vaborbactam	Susceptible (S)

Select the most likely mechanism:

- AmpC β -lactamase
- Extended-spectrum β -lactamase (ESBL)
- Klebsiella pneumoniae carbapenemase (KPC)
- New Delhi metallo- β -lactamase (NDM)
- Oxacilline-48 (OXA-48)

Note: Resistance to carbapenems with susceptibility to newer β -lactam/ β -lactamase inhibitor combinations is the key diagnostic pattern.

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Carbapenem-Resistant *Enterobacteriales* (CRE) Epidemiology

- Carbapenem resistance methods:
 - Carbapenemases
 - Non-enzymatic
- Carbapenemases
 - Carried on plasmids
 - Easily transmissible
- 7% of hospital-acquired Gram-negative infections in the U.S. from 2010-2014 were attributed to CRE-producing organisms
 - *Klebsiella pneumoniae* carbapenemases (KPCs) are the most common carbapenemase in the U.S.

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Non-Carbapenemase CRE

Resistance mechanisms without carbapenemase production:

- **AmpC β -lactamases + OMP changes:** AmpC overexpression with outer membrane protein mutations (OmpK35/36 in *Klebsiella*, OmpF/C in *E. coli*) limiting carbapenem entry
- **AmpC + Efflux pumps:** AmpC hyperproduction with enhanced efflux systems (RND family) removing carbapenems from periplasmic space
- **ESBL + Reduced permeability:** Extended-spectrum β -lactamases (CTX-M, SHV, TEM variants) with porin alterations preventing carbapenem accumulation

Susceptibility pattern: Meropenem shows lower MICs (1-8 mcg/mL) while ertapenem shows higher MICs (≥ 2 mcg/mL) due to greater vulnerability to these mechanisms

Unlike KPC-producing strains common in U.S., these strains lack plasmid-mediated transmission

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Carbapenemase Producing - CRE

Resistance via carbapenemase enzyme production:

- Klebsiella pneumoniae carbapenemase (KPC):** Dominant in U.S., found in *K. pneumoniae*, spreading to other Enterobacterales
- New Delhi metallo-β-lactamase (NDM):** Global emergence, linked to medical tourism
- Verona integron-encoded metallo-β-lactamase (VIM):** Prevalent in Mediterranean, spares only aztreonam
- Imipenemase (IMP):** Rare, mainly in *Enterobacter* species
- OXA-48-like:** Detection challenges, weaker activity but clinically significant

Susceptibility pattern: High meropenem MICs (≥ 16 mcg/mL), resistant to most β-lactams. Plasmid-mediated transmission enables rapid spread.

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Carbapenemases

Critical enzymes driving carbapenem resistance in bacteria

Enzyme Classification and Distribution

Properties	KPCs	Metallo-β-lactamases	OXA-48-like
Hydrolyzes	All β-lactams	All except aztreonam	All β-lactams
Found in	Enterobacterales	Enterobacterales & non-fermenters	Enterobacterales

β-Lactamase Inhibitor Susceptibility

Properties	KPCs	Metallo-β-lactamases	OXA-48-like
Traditional BLI*	Minimal effect*	No effect	No effect
Avibactam	Inhibits	No effect	Inhibits
Vaborbactam/relebactam	Inhibits	No effect	No effect

*Traditional β-lactamase inhibitors (BLIs) include clavulanic acid, sulbactam, and tazobactam.

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CRE Detection

- Traditionally was based on breakpoint-based susceptibility testing
 - Enzymatic vs other mechanisms?
 - What about inefficient carbapenemases?
- Rapid spread of plasmid carbapenemases

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Carbapenemase Detection Methods

Laboratory techniques for identifying carbapenemase production



Modified Hodge Test (MHT)

Traditional phenotypic assay

Colorimetric assays (e.g., Carba-NP)

Rapid pH-based detection

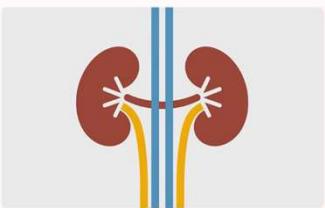
Modified carbapenem inactivation method (mCIM)

Improved sensitivity test

Rapid molecular diagnostic platforms

- Polymerase chain reaction (PCR) for specific genes (*KPC*, *NDM*, *VIM*, *IMP*, *OX4*)
- Matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF) - enzyme activity detection

Treatment: Urinary CRE



Upper/Complicated UTI (UUTI/cUTI)

- 1st Line: Co-trimoxazole, Quinolone
- 2nd Line: Aminoglycoside, New BL/BLIs
- Don't Use: Nitrofurantoin, PO Fosfomycin, Colistin



Lower UTI (LUTI)

- 1st Line: Nitrofurantoin, Co-trimoxazole, Quinolone
- 2nd Line: Aminoglycoside, PO Fosfomycin (E. coli only), Colistin, New BL/BLIs

Note: Treatment selection should be guided by susceptibility testing. New β -lactam/ β -lactamase inhibitors (BL/BLIs) should be reserved as second-line options.

Treatment: Systemic CRE (non-CPE)

Treatment options vary based on carbapenem susceptibility patterns

Antimicrobial Agent	Ertapenem Resistant but Meropenem/Imipenem Susceptible	Resistant to All Carbapenems
Meropenem or Imipenem (extended infusion)	1st Line Therapy	Not Recommended
Ceftazidime/avibactam	2nd Line Therapy	1st Line Therapy
Meropenem/vaborbactam	2nd Line Therapy	1st Line Therapy
Imipenem/relebactam	2nd Line Therapy	1st Line Therapy
Tigecycline/Eravacycline (Avoid for bloodstream or urinary infections)	2nd Line Therapy	2nd Line Therapy
Carbapenem + additional agent combination	Not Recommended	Not Recommended

Note: CRE = Carbapenem-Resistant Enterobacteriales; CPE = Carbapenemase-Producing Enterobacterales; BSI = Bloodstream Infection; UTI = Urinary Tract Infection

Treatment: Systemic CRE (KPC Confirmed)



^{**}OXA - Lower barrier to resistance with continued use

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Treatment: Systemic CRE (OXA-48 Confirmed)



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Treatment: Systemic CRE (MBL Confirmed)

Treatment options for Class B: Metallo- β -lactamases (NDM, VIM, IMP)



1st Line Options

- #1 Choice: Aztreonam + ceftazidime/avibactam
- #2 Choice: Cefiderocol

2nd Line Option

- Aztreonam + other new BL/BLI

3rd Line Option

- Tigecycline/Ervacycline (avoid for BSI or UTI)

Not Recommended

- Polymerins
- Carbapenem combination therapy

Treatment: Systemic CRE (CPE Confirmed) - Overview

Antimicrobial Agent	Class A: KPC/Carbapenemase	Class B: MBLs (NDM, VIM, IMP)	Class D: OXA-48/Carbapenemase
Meropenem/vaborbactam	1st Line; Preferred Choice	Not Recommended	Not Recommended
Ceftazidime/avibactam	1st Line; Alternative	Not Recommended	1st Line
Imipenem/relebactam	1st Line; Alternative	Not Recommended	Not Recommended
Cefiderocol	2nd Line (avoid for UTI)	1st Line; Alternative	2nd Line
Aztreonam + ceftazidime/avibactam	Not Recommended	1st Line	Not Recommended
Aztreonam + other BL/BLI combinations	Not Recommended	2nd Line	Not Recommended
Tigecycline/Ervacycline (Avoid for BSI and UTI)	3rd Line	3rd Line	3rd Line
Polymerins (Colistin/Polymerin B)	Not Recommended	Not Recommended	Not Recommended
Carbapenem + additional agent combination therapy	Not Recommended	Not Recommended	Not Recommended

Note: CRE = Carbapenem-Resistant Enterobacteriales; CPE = Carbapenemase-Producing Enterobacteriales; BSI = Bloodstream Infection; UTI = Urinary Tract Infection; BL/BLI = β -lactam/ β -lactamase Inhibitor; MBL = Metallo- β -lactamase

Risk Factors: *CRE*

- **Previous antibiotic exposure**, particularly:
 - Carbapenems (imipenem, meropenem, ertapenem)
 - Polymyxins (colistin, polymyxin B)
 - Fluoroquinolones and extended-spectrum cephalosporins
- **Healthcare exposure**:
 - Intensive care unit (ICU) admission
 - Prolonged hospitalization (>2 weeks)
 - Residence in long-term care facilities
- **Patient factors:**
 - Severe underlying illness (APACHE II score >15)
 - Immunocompromised state (transplantation, biologics, steroids)
 - Multiple comorbidities (diabetes, renal failure, liver disease)
- **Invasive procedures:**
 - Mechanical ventilation
 - Indwelling devices (central lines, urinary catheters)
 - Recent surgical procedures

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Clinical Pearls: *CRE*

- **Mortality impact:** CRE infections carry 30-50% mortality rates, requiring rapid identification and intervention
- **No standardized treatment:** Therapy varies based on infection site, carbapenemase type, comorbidities, and local resistance patterns
- **Optimize PK/PD parameters:** Use aggressive dosing with extended infusions to maximize therapeutic efficacy

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Which bacterial resistance mechanism is represented by this susceptibility profile?

Antibiotic	Interpretation
Ampicillin	Resistant (R)
Ampicillin/sulbactam	Resistant (R)
Cefazolin	Resistant (R)
Cefepime	Resistant (R)
Cefoxitin	Resistant (R)
Ceftaxone	Resistant (R)
Meropenem	Resistant (R)
Piperacillin/tazobactam	Resistant (R)
Ceftazidime/avibactam	Susceptible (S)
Meropenem/vaborbactam	Susceptible (S)

Note: Resistance to carbapenems with susceptibility to newer β -lactam/ β -lactamase inhibitor combinations is the key diagnostic pattern.

Select the most likely mechanism:

1. AmpC β -lactamase
2. Extended-spectrum β -lactamase (ESBL)
3. Klebsiella pneumoniae carbapenemase (KPC)
4. New Delhi metallo- β -lactamase (NDM)
5. Oxacillase-48 (OXA-48)

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Background: DTR *P. aeruginosa*

- Non-fermenting Gram-negative bacilli
- Multidrug resistant (MDR) and Difficult to Treat Resistant (DTR) *P. aeruginosa* is increasing in prevalence
 - MDR = not susceptible to at least one antibiotic in at least three antibiotic classes for which *P. aeruginosa* susceptibility is generally expected: penicillins, cephalosporins, fluoroquinolones, aminoglycosides, and carbapenems
 - DTR = non-susceptibility to all of the following: piperacillin-tazobactam, ceftazidime, cefepime, aztreonam, meropenem, imipenem-clavulanic acid, ciprofloxacin, and levofloxacin

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DTR *PsA* - Mechanisms of Resistance

Multiple mechanisms of intrinsic resistance:

- Porin channel loss - Loss of OprD leads to low-level carbapenem resistance
- Efflux pump overexpression - RND pump upregulation including:
 - MexAB-OprM
 - MexCD-OprJ
- AmpC β -lactamase overproduction - Chromosomally encoded
- Target site modifications:
 - DNA gyrase/topoisomerase IV mutations
 - Ribosomal modifications
 - Penicillin binding protein alterations

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DTR *PsA* - Mechanisms of Resistance

Also acquires plasmid-mediated resistance:

Metallo- β -lactamases (MBLs)

IMP, VIM, NDM families; resist β -lactamase inhibitors

OXA enzymes

Carbapenemases affecting penicillins and carbapenems

Extended-Spectrum β -lactamases (ESBLs)

PER, VEB, GES families conferring resistance to extended-spectrum cephalosporins

Combined intrinsic and acquired resistance creates the DTR phenotype with extremely limited treatment options.

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Treatment: DTR *P. aeruginosa*

Non-UTI Infection Treatment Options



First-Line Therapies

- Ceftolozane/tazobactam (3g q8h)
- Ceftazidime/avibactam (2.5g q8h)
- Imipenem/relebactam (1.25g q6h)

Second-Line Therapy

- Cefiderocol (2g q8h) - preferred for MBL-producing strains

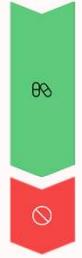
Limited Efficacy Options

- Tobramycin/Amikacin (dosing based on TDM)
- Colistin (high toxicity profile)

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Treatment: DTR *P. aeruginosa*

Complicated and Upper Urinary Tract Infection (cUTI, UUTI) Treatment Options



First-Line Options

- Ceftolozane/tazobactam (1.5g q8h)
- Ceftazidime/avibactam (2.5g q8h)
- Imipenem/relebactam (1.25g q6h)
- Cefiderocol (2g q8h) - preferred for MBL-producing strains
- Tobramycin/Amikacin (dosing based on TDM)

Not Recommended

- Colistin (high toxicity profile)

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Treatment: DTR *P. aeruginosa*

Lower Urinary Tract Infection (LUTI) Treatment Options



First-Line Options

- Ceftolozane/tazobactam (1.5g q8h)
- Ceftazidime/avibactam (2.5g q8h)
- Imipenem/relebactam (1.25g q6h)
- Cefiderocol (2g q8h) - preferred for MBL-producing strains
- Tobramycin/Amikacin (dosing based on TDM)

Third-Line Option (Use with caution)

- Colistin (high toxicity profile)

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Ceftolozane/tazobactam characteristics

- Advanced BL/BLI with optimized pharmacokinetics
- Superior anti-DTR *P. aeruginosa* activity via:
 - Enhanced PBP binding (4-8x lower MICs vs. ceftazidime)
 - Resistance to MexAB-OprM efflux (85% effective)
 - AmpC β -lactamase stability (91% active)
 - Superior ESBL coverage vs. piperacillin/tazobactam (4x) and ceftazidime (8x)
 - Effective against OprD loss mutations (82%)
- Optimized 2:1 inhibitor ratio for broader coverage
- First-line therapy: 3g q8h (pneumonia/BSI), 1.5g q8h (UTIs)
- >85% clinical efficacy for DTR *P. aeruginosa*

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Which bacterial resistance mechanism is represented by this susceptibility profile?

Antibiotic	Interpretation
Cefepime	Susceptible (S)
Meropenem	Resistant (R)
Piperacillin/tazobactam	Susceptible (S)
Ceftolozane/tazobactam	Susceptible (S)
Ceftazidime/avibactam	Susceptible (S)
Meropenem/vaborbactam	Resistant (R)

Note: Resistance to carbapenems with susceptibility to newer β -lactam/ β -lactamase inhibitor combinations is the key diagnostic pattern.

- Select the most likely mechanism:
1. AmpC β -lactamase
 2. OprD Porin Loss
 3. New Delhi metallo- β -lactamase (NDM)
 4. Oxacillinase-48 (OXA-48)

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Background: CRAB/Stenotrophomonas

- Carbapenem-resistant *Acinetobacter baumannii* (CRAB)
 - Nosocomial pathogen with 50–80% ICU mortality
 - Survives 30 days on surfaces
 - Causes severe pneumonia, bloodstream, and wound infections
- *Stenotrophomonas maltophilia*
 - Opportunistic pathogen with intrinsic resistance to carbapenems, β -lactams, and aminoglycosides
 - Affects immunocompromised patients, those with malignancies, and extended hospitalizations (>14 days)
 - 30-day mortality: 20–60% in critical illness

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CRAB: Mechanisms of Resistance

Enzymatic Mechanisms

OXA Carbapenemases

- Primary resistance mechanism in *A. baumannii*; these enzymes hydrolyze the β -lactam ring in carbapenems
- OXA-23 (prevalent in Asia, Europe)
 - OXA-24/40 (common in Mediterranean regions)
 - OXA-58 (widespread globally)

These enzymatic mechanisms work synergistically with other resistance mechanisms to create highly resistant CRAB strains.

Cephalosporinases

Overexpression of chromosomal Acinetobacter-derived cephalosporinases (ADCs) contributing to β -lactam resistance, especially ADC-7 and ADC-25 variants that confer resistance to extended-spectrum cephalosporins

CRAB: Mechanisms of Resistance

Non-Enzymatic Mechanisms

1 PBP modifications

Alterations in penicillin-binding proteins (primarily PBP2a) that reduce affinity for carbapenems by up to 10-fold

2 Efflux pump overexpression

Upregulation of RND-type systems (AdeABC, AdeJK, AdeFGH) that actively expel multiple antibiotics

3 Porin channel reduction

Decreased expression of outer membrane proteins (CarO and Omp33-36) limiting carbapenem entry into the cell

These mechanisms frequently co-occur, resulting in high-level carbapenem resistance. Isolates with porin reduction often show meropenem MICs ≥ 16 mcg/mL.

Steno: Mechanisms of Resistance

Enzymatic Mechanisms

L1 β -lactamase

- Zn²⁺-dependent metallo- β -lactamase that efficiently hydrolyzes all β -lactams except monobactams (aztreonam)
- Exhibits extraordinary carbapenem hydrolysis capacity (100-1000x higher than other β -lactamases)
- Expression increases 5-10 fold during antibiotic exposure, leading to rapid resistance development

L2 β -lactamase

- Inducible Ambler class A cephalosporinase that neutralizes β -lactam/inhibitor combinations (clavulanate, tazobactam, sulbactam)
- Expression amplifies 4-8 fold when exposed to imipenem
- Acts synergistically with efflux systems to enhance multidrug resistance profiles

Steno: Mechanisms of Resistance

Non-Enzymatic Mechanisms

Efflux pump overexpression

- SmeABC, SmeDEF, SmeJK, SmeVWX systems expel fluoroquinolones, tetracyclines, chloramphenicol
- SmeDEF: increases levofloxacin MICs 4-16x
- SmeABC: confers aminoglycoside and β -lactam resistance
- SmeVWX: affects quinolones and tetracyclines

Porin Alterations

- Reduced porins (SmeC, OmpATb, MspA) limit antibiotic entry
- Reduces aminoglycoside susceptibility 4-16x; polymyxins 2-8x
- Found in 35-45% of isolates; enhances treatment failure with β -lactamase production

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Treatment Regimens

Organism	First-line Therapy	Second-line Therapy	Third-line Therapy	Not Recommended
<i>CRAB</i> infections	Sulbactam-durlobactam + carbapenem	High-dose ampicillin-sulbactam† + second agent*	Combination therapy with polymyxin, tetracycline derivative, and/or ceferocerol	<ul style="list-style-type: none"> • Carbapenems monotherapy • Rifamycins
<i>Stenotrophomonas</i> infections (Bold = preferred options)	Any two of: ceferocerol , minocycline, TMP-SMX, or levofloxacin Aztreonam + Ceftazidime/avibactam		Ceftazidime monotherapy	

† 9g/day sulbactam component

* Second agent options: tetracycline derivative, polymyxin B, or ceferocerol

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Risk Factors:

Antibiotic Exposure

- Carbapenems (particularly for CRAB)
- Fluoroquinolones (both CRAB and *Stenotrophomonas*)
- 3rd generation cephalosporins (CRAB)
- Antipseudomonal β -lactams (*Stenotrophomonas*)

Healthcare-Associated Factors

- ICU admission and critical illness severity
- Mechanical ventilation >72 hours
- Invasive procedures (central lines, urinary catheters)
- Prolonged hospitalization (>14 days)

Host Factors

- Immunocompromised state (malignancy, neutropenia)
- Parenteral nutrition dependence
- Advanced age and multiple comorbidities

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Clinical Pearls:

- CRAB infections require combination therapy targeting multiple resistance mechanisms
- MDR *Stenotrophomonas* responds better to dual therapy (TMP-SMX, minocycline, cefiderocol)
- Optimize PK/PD parameters with extended infusions and higher doses when appropriate
- Effective source control is critical for both pathogens
- Seek early infectious disease consultation for these challenging infections

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Overall ASP Considerations:

- Optimize dosing strategies to maximize therapeutic efficacy while accounting for pathogen susceptibility, site of infection, and patient-specific factors
- Implement de-escalation protocols to minimize toxicity, prevent emergence of resistance, and reduce collateral damage to patient microbiome
- Conduct regular audits of antimicrobial prescribing patterns to identify opportunities for intervention and education
- Collaborate with microbiology laboratory to ensure timely reporting of susceptibility data for guided therapy decisions

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Conclusions

- Gram-negative bacteria employ sophisticated resistance mechanisms including target modifications, protective strategies, and efflux pumps to simultaneously evade multiple antibiotic classes.
- Species like *P. aeruginosa*, *E. coli*, and *Acinetobacter* create formidable treatment barriers through multi-layered defense strategies.
- Understanding these resistance pathways is essential for developing effective next-generation antimicrobials against multidrug-resistant Gram-negative infections.

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