

OBJECTIVES

- 1. Recall Radionuclides for therapy
- 2. Describe Regulations for therapy radiopharmaceuticals
- 3. Identify potential new radiopharmaceutical therapies

RADIATION THERAPY USE OF RADIOPHARMACEUTICALS

- RAM use in therapy is SYSTEMIC Radioimmunotherapy (RIT) or Radiopharmaceutical Therapy (RPT)
- Radiation Oncologists can be Authorized Users and receive radioactive materials, but most do not receive this training in traditional residencies
- Movement of Medical Oncologist to become AU for unit dose RPT

RADIATION THERAPY TERMINOLOGY

- External radiation therapy
 - Accelerator therapy
 - Proton therapy
 - Intensity modulated radiation therapy
 - Cyberknife-robotic accelerator
 - Gamma Knife Co-60
- Internal radiation therapy (Brackytherapy)
 - LDR-Seeds (Ir-192, I-125, Pd-103)
 - HDR (10.5 Ci Ir-192)

RADIATION BENCHMARKS (EFFECTIVE DOSE)

- X-Ray of the chest: 0.04 mSv (4 mrem)
- CT of the chest: 7.8 mSv (780 mrem)
- Barium enema including fluoroscopy: 8.7 mSv (870 mrem)
- Bone scintigraphy: 3.5 mSv (350 mrem)
- I-131 sodium iodine 10 mCi (0% uptake): 24 mSv (2400 mrem)

External Radiation Therapy

- Skin dose limit: 25 Gy (2500 rad)
- Spinal cord: 10 Gy (1000 rad)
- Kidney: 23 Gy (2300 rad)
- Marrow: 2 Gy (200 rad)

Radiopharmaceutical Treatment							
RN	Emis sion	Half-life	Radiopharmaceutical	Indications	Avail		
I-131	β	8 days	¹³¹ I-sodium iodide	Thyroid cancer Graves' Disease	Yes		
P-32	β	14 days	³² P-sodium phosphate ³² P-chromic phosphate	Radiosynovectomy Solid tumors	Off- market		
Sr-89	β	51 days	⁸⁹ Sr-strontium chloride (Metastron®)	Skeletal metastases	FDA-1993		
Sm-153	β	46 hours	¹⁵³ Sm-lexidronam (Quadrimet®)	Skeletal metastases	FDA 1997 Off-market		
I-131	β	8 days	¹³¹ I-Iobenguane (Azedra®)	Sympathohromaffin tumors	FDA 2018 Off-market		
I-131	β	8 days	¹³¹ I-tositumomab (Bexaar®)	Non-Hodgkin Lymphoma	Off- market		
Y-90	β	64 hours	⁹⁰ Y-Ibritumomab tiuxetan (Zevalin®)	Non-Hodgkin Lymphoma	FDA 2002		
Ra-223	α	11 days	²²³ Ra-radium chloride (Xofigo®)	Castrate-resistant prostate cancer skeletal metastases	FDA 2013		
Lu-177	β	6.6 days	¹⁷⁷ Lu-DOTATATE (Lutathera®)	Neuroendocrine tumors	FDA 2018		
Lu-177	β	6.6 days	177Lu-PSMA	Prostate Cancer	Mar 2022		



WHAT IS IMPORTANT IN CHOOSING AN ISOTOPE FOR RADIOTHERAPY?

- Type of production (reactor, cyclotron)
- Half-life (dose rate)
- Type of emissions (alpha, beta, gamma)
- Energy of the emissions (range in tissue)
- Specific Activity (% radioactive atoms)
- Availability and Cost"Theranostics"

WHAT IS THERANOSTICS?

• Theranostics is a combination of the terms **thera**peutics and diag**nostics**. Theranostics is the term used to describe the combination of using one radioactive drug to identify (diagnose) and a second radioactive drug to deliver therapy to treat the main tumor and any metastatic tumors.







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THERAPY RADIONUCLIDE PROPERTIES

Radionuclide	Therapeutic emission	Approximate emission range in tissue (mm)	Radionuclide half-life
Yttrium-90	β-	5.30	64.1 hours
lodine-131	β-	0.8	8.0 days
Samarium-153	β-	0.4	46.5 hours
Lutetium-177	β-	0.62	6.6 days
Astatine-211	a	0.05	7.2 hours
Lead-212/bismuth-212	β-/a	<0.1/0.05	10.6 hours/1.0 hours
Radium-223	a	0.05-0.08	11.4 days
Actinium-225	a	0.05-0.08	10.0 days
		0.05.0.08	18.7 days

SNMMI RPT DESIGNATED CLINICAL CENTERS OF EXCELLENCE ARA Theranostics Center

- ChristianaCare
- Dallas VA Medical Center
- Edward Hines VA Hospital
 Excel Diagnostics and Nuclear Oncology Center
 Hoag Memorial Hospital Presbyterian
- Intermountain Medical Center
- · John Cochran VA Medical Center
- Kettering Health Main Campus
 MHP Radiation Oncology Institute part of the Genesiscare Network
- Northwell Health
- Northwestern Memorial Hospital
- Rush University Medical Center
- St. Luke's University Health Network
 Unity Point Health Des John Stoddard Cancer Center
- University Hospitals of Cleveland
- · University of California Irvine
- University of Southern California Theranostics Center

https://therapy.snmmi.org/SNMMI-THERAPY/Resources THERAPY/Radiopharmaceutical Therapy Centers of Evo

SNMMI RPT DESIGNATED COMPREHENSIVE CENTERS OF EXCELLENCE					
Ahmanson Translational Theranostics Division, David Geffen School of Medicine at UCLA, UCLA Heath Medical Center Banner University Medical Center-Tucson. University of Arizona-Tucson BC Cancer - Vancouver CHU de quèbec - Université Laval Cincinnati Children's Hospital Medical Center City of Hope Dana-Farber / Brigham and Women's Cancer Center Duke University Health Emory University Hospital H. Lee Moffit Cancer Center and Research Institute Indiana University Health London Health Sciences Centre Lucile Packard Children's Hospital Luciel Acadera Children's Hospital Mayo Clinic Mayo Clinic	Methodist Dallas Medical Center Mount Sinai Health System New York-Preshyterian Weill Cornell Oregon Health & Science University SSM Saint Louis University Hospital Stanford University - Stanford HealthCare The Ohio State University Wexner Medical Center - The James Hospital and Solove Research Institute UC San Diego Health University of California, San Francisco University of Itisburgh Medical Center (UPMC) University of Witsconsin - Madison				
MD Anderson Lancer Center Medstar Georgetown University Hospital Memorial Sloan Kettering Cancer Center	UT Southwestern Medical Center Vanderbilt University Medical Center				

RADIUM-223

- Chemical Symbol: ²²³Ra
- Chemical Form: Radium-223 dichloride
- Half-life: 11.4 day
- Manufacturer(s): Bayer HealthCare Pharmaceuticals Inc.
- Trade name(s): Xofigo®
- **Diagnostic use:** Indicated for the treatment of patients with castration-resistant prostate cancer, symptomatic bone metastases and no known visceral metastatic disease.

RADIUM-223 DICHLORIDE (XOFIGO®)

- Indication: an alpha particle-emitting radioactive therapeutic agent indicated for the treatment of patients with castration-resistant prostate cancer, symptomatic bone metastases and no known visceral metastatic disease.
- Physical half-life: 11.4 days
- Target: Hydroxyapatite (bone)
- Particle range in bone and soft tissue: $\sim 10~\mu m$





DOSAGE (1.49 MICROCURIE/KG)

- 1 injection every 4 weeks for 6 injections
- Volume of injection determined by concentration of supplied solution
- Monitor blood counts at baseline

- ANC \geq 1500/µL; platelet \geq 100,000/µL; Hgb \geq 10 g/dL
- Monitor blood counts prior to every dose of Xofigo
 ANC ≥ 1000/µL; platelet ≥ 50,000/µL administering
- Discontinue Xofigo if hematologic values do not recover within 6 to 8 weeks after the last administration despite receiving supportive care

 Hematologic (57%) 2% of patients in the Xofigo arm experienced bone marrow failure or ongoing pancytopenia grade 3 & 4 anemia neutropenia, thrombocytopenia Gastrointestinal (>10%) Nausea External radiation exposure Vomiting Diarrhea Time (h) Surface 0.3 m 24 0.91 12 	rienced l	oone ma	rrow	
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STABILITY AND STORAGE

- Provided to the pharmacy in a single-use vial at a concentration of 30 microcurie/mL at the reference date with a total radioactivity of 162 microcurie/vial at the reference date
- Provided to the hospital in a unit dose syringe from the pharmacy
 (Cardinal-Denver)
- Should not be diluted or mixed
- Storage at room temperature
- Shelf life: 48 hours
- Should be stored for 4 months and discard as no



TRAINING

- 35.300 RAM category requiring written directive
- 35.390 Training category for nuclear medicine physicians
 Will be listed as 35.300
- 35.396 Training route for radiation oncologists
- On RAM license
 - Listed 35.300 and 35.400Or 35.300 and 35.600

and the second second

- LICENSE AMENDMENTS
- Radium-223
- Atomic number 88 (atomic mass 223)
- Most licenses will categorize possession limits to radionuclides with atomic numbers 1-83.

STRONTIUM-89

- Chemical Symbol: ⁸⁹Sr
- Chemical Form: Strontium-89 chloride
- Half-life: 50 days
- Manufacturer(s): BioMed through Drax 2020
- Trade name(s): Metastron
- **Diagnostic use:** Indicated for the relief of bone pain in patients with painful skeletal metastases that have been confirmed prior to therapy.

YTTRIUM-90

- Chemical Symbol: ⁹⁰Y
- Chemical Form: Yttrium-90 chloride
- Half-life: 64 hrs
- Manufacturer(s): Eckert & Ziegler, MDS Nordion
- Trade name(s):
- Diagnostic use: Indicated for radiolabeling:
- Zevalin[®] used for radioimmunotherapy procedures

YTTRIUM-90

- Chemical Symbol: 90Y
- Chemical Form: Yttrium-90 ibritumomab tiuxetan
- Half-life: 64 hrs
- Manufacturer(s): Spectrum Pharmaceuticals
- Trade name(s): Zevalin
- Diagnostic use: Indicated for the:
- Treatment of relapsed or refractory, low-grade or follicular B-cell non-Hodgkin's lymphoma (NHL)

• Treatment of previously untreated follicular NHL in patients who achieve a partial or complete response to first-line chemotherapy





ZEVALIN TX DOSAGE

■0.4 mCi/kg in patients with a platelet count ≥150,000/µL

■0.3 mCi/kg with a platelet count 100,000–149,000/µL

Maximum dose is 32 mCi

Y-90 Syringe Dose Calibrator Settings

Siegel, et al. <u>Accurate Dose Calibrator Activity Measurement of Y-90</u> labeled Ibritumomab Tiuxetan. J Nuc Med March 2004

<u>NIST Report to IDEC Pharmaceuticals, Corp. Experimental determination</u> of calibration factors for commercial dose calibrators for Y-90 labeled Zevalin in 10ml plastic syringe, (Needle size 25 x 0.9mm equals 20G 1")

ZEVALIN ADVERSE EVENTS

- Thrombocytopenia
- Neutropenia
- Nadir 7-9 weeks
- Median duration 30 days

ZEVALIN REQUIRES NO SPECIAL AU TRAINING REQUIREMENTS

- Must be licensed under 35.300 for unsealed therapy use
- Written directive required

PEPTIDE RECEPTOR RADIONUCLIDE THERAPY (PRRT)

- Lu-177 Dotatate
- Lutathera® January 2018
- Indication: Treatment of somatostatin receptor positive GEP
 NET
- Phase III 79% lower risk of disease progression or death versus high dose octreotide

LUTETIUM LU-177 DOTATATE

• Tp =6.65 days



- Beta=153keV 61% abundance
- maximum range in tissue 2.2 mm (mean 0.67) • Gamma 208 keV (11%) and 113 keV (6.4%)
- 10 mCi/mL

• β- emitting radionuclide

- colorless to slightly yellow solution
- pH 4.5 to 6

LU-177 DOTATATE REGIMEN



- 4 cycles (1 cycle is 8 weeks) • 30 min Amino Acid protectant infusion
 - 30 min 200 mCi Lu-177 dotatate
 - 3 hours of AA infusion
- Renal clearance 70% in 24 hours
- Nausea and vomiting due to amino acid infusions. Resolved upon completion of the infusions.

LU-177 DOTATATE REGIMEN

- Imaging:
 - pre-therapy staging and planning
 - May have immediate post-therapy imaging
 ¹¹¹In-Octreotide, ⁶⁸Ga-DOTATATE
- 200 mCi (7.4 GBq) by infusion every 8 weeks x 4
- Concurrent amino acid infusion for renal protection
- Nausea/vomiting is frequent
- Post-therapy hydration is important
- incontinence may be a radiation safety concern
- Maintain radiation safety precautions at home up to 11 days

LU-177 DOTATATE REGIMEN

- Low external radiation dose rate
 Immediate: ~2 mR/h (1 meter)
 - 24 h: ~1 mR/h (1 meter)
- Usually discharged to home with written instructions
- Nausea/vomiting is frequent
- likely related to amino acid infusion
 Post-therapy hydration is important
 incontinence may be a radiation safety concern
- Maintain radiation safety precautions at home • Up to 11 days

LU-177 DOTATATE REGIMEN

COLD OCTREOTIDE

- Administer long-acting octreotide 30 mg intramuscularly between 4 to 24 hours after each dose
- Do not administer long-acting octreotide within 4 weeks of each subsequent dose
- Short-acting octreotide may be given for symptomatic management during treatment, but must be withheld for at least 24 hours before each dose

DECAY IN STORAGE (10 CFR 35.92) VS WASTE DISPOSAL (10 CFR PART 20 SUB K)

- Lu-177m T1/2p = 160.44 days
- Contaminant present in reactor-produced (Lu-176 --> Lu-177) Lu-177
- Not present in NCA Lutetium (from Yb-177)

Nucl Med Mol Imaging 2015 Jun;49(2):85-107

Y-90 MICROSPHERES SIR-SPHERES ®SIRTEX MEDICAL 2006 FDA DEVICE

• Indication:Metastatic liver tumors

- Primary colorectal cancer
- With adjuvant IHAC
- Must be no potential for resection of the tumor



ADMINISTRATION

- Evaluation of pulmonary shunting
 Tc-99m macroaggregated albumin (MAA)
- Vascular status of lesions
 CT
- Placement via hepatic artery
- Activity can be administered to localized areas
 - Altering of injection site





NRC LICENSING GUIDANCE – THERASPHERE® AND SIR-SPHERES® YTTRIUM-90 MICROSPHERES FDA DEVICE

REVISED DECEMBER 2007

Yttrium-90 (Y-90) microspheres are manual brachytherapy sources used for permanent implantation therapy. Y-90 microspheres are regulated under 10 CFR 35.1000 "Other Medical Uses of Byproduct Material or Radiation from Byproduct Material."

Beta emitter, 6.7-d half-life	Reactor
Alpha emitter, 7.2-h half-life	Accelerate
Beta emitter, 64-h half-life	Reactor
Beta emitter, 3.7-d half-life	Reactor
Beta emitter, 17-h half-life	Reactor
Beta emitter, 27-h half-life	Reactor
Beta emitter, 8.0-d half-life	Reactor
Beta emitter, 46-h half-life	Reactor
Beta emitter, 57-h half-life	Accelerato
Beta emitter, 62-h half-life	Accelerato
Alpha emitter, 10.0-d half-life	Accelerato
Beta emitter, 50.5-d half-life	Reactor
	Alpha emitter, 7.2-h half-life Beta emitter, 7.2-h half-life Beta emitter, 3.7-d half-life Beta emitter, 3.7-d half-life Beta emitter, 2.7-h half-life Beta emitter, 2.7-h half-life Beta emitter, 4.0-d half-life Beta emitter, 5.7-h half-life Beta emitter, 5.7-h half-life Beta emitter, 5.7-h half-life Beta emitter, 5.0-5-d half-life Beta emitter, 5.0-5-d half-life



Location	Facility	Power	Medical Radionuclides Currently Produced
Reactors ORNL	HFIR	85 MW	²²³ Ac, ²⁵² Cf, ⁴³ K, ¹⁰³ Pd, ¹⁸⁸ W, ^{117m} Sn, ¹⁴⁷ Pm, ¹⁷⁷ Lu, ¹⁸⁶ Re, ¹⁶⁶ Ho, ¹⁹⁴ Ir, ^{191m} Ir, and others
University of Missouri	MURR ⁴	10 MW	³² P, ¹⁶⁶ Ho, ¹⁹² Ir, ³³ S, ¹⁸⁶ Re, ⁹⁰ Υ, ⁵¹ Cr, ¹⁰³ Pd, ^{177m} Lu, and others
Massachusetts Institute of Technology	MITR-II ^a	5 MW	198Au, 90Y, 192Ir, and others (research quantities)
University of California at Davis	MNRC ^a	2 MW	¹²⁵ I and others (research quantities)
Oregon State	OSTR#	1 MW	Variety (research quantities)
Accelerators			
LANL	LANSCE	800 MeV proton	²⁶ Al, ⁶⁷ Cu, ⁶⁸ Ge, ⁸² Sr, ⁸⁶ Y, ¹²⁴ I, and others
BNI.	BLIP	200 MeV proton	⁶⁷ Cu, ⁸² Sr, ⁶⁸ Ge, and others
Washington University	cyclotrons		64Cu, ⁷⁷ Br, 66Ga, 124I, ^{94m} Tc
Trace Life Sciences ^b	Various LINAC cyclotrons	and	⁶⁴ Cu, ⁶⁷ Cu, ¹¹¹ In, ¹²³ I, ²⁰¹ Tl
^a Non-DOE facilities: Un ^b Commercial production	iversity research facility.	reactors,	
SOURCE: DOE Isotope Pr	ogram.	Advancing	Nuclear Medicine Through Innovatio

AC-225 RADIOPHARMACEUTICALS

- 27 molecules under development
- 13 at human level
- Cover all indications that are studied with B-emitting radionuclides
- Current Lu-177 labeled drugs are being explored with Ac-225
- Zimmermann projects 3,000 Gbq (81 Ci) will be needed to treat 100,000 patients a year

Zimmermann. JNM 2023;64(10)

Ac-225 Zimmermann JNM 2023, 64 (10) 1516-1518		Yearly	productio (GBq/y/si	n capacity te)	Commont
Technology	Source	2023	2032	Total (GBq/y) in 2032	Comment
A: $[(^{233}U\rightarrow)^{229}Th\rightarrow^{225}Ac]$ (generator)	ORNL, United States	26	26	Up to 3,000 [80]	Highest quality of <i>nca</i> ²²⁵ Ac; may enter price competitively
	TerraPower, United States	>10	≤2,700		
B: [²³² Th(p,x) ²²⁵ Ac+ ²²⁷ Ac] (high- energy accelerator)	BNL/ORNL LANL; Tri-Lab, United States	16.7	Potential, >3,700	>9,000 [>240]	Contaminated with ²²⁷ Ac (0.2% EOB - ~1.5% at calibration); not suitable for large scale routine use
	CNL/TRIUMF, Canada; BWXT/ITM, United States/Germany	>1	Idem >3,700		
	SpectronRx, United States	>1	>200		
C: [++ ²²⁵ Ra→ ²²⁵ Ac] (as side product)	~10% of above; CNL/TRIUMF, Canada	0.3	>370 (theory)	>370 [>10]	High level of waste - expensive
D: [228Ra(p,2n)228Ac] (cyclotron)		First GBq		>4,500 [>120]	Additional sites under evaluation in other countries (Asia)
	SpectronRx, United States	2023	>500		
	Ionetix, United States	2023	1,900		
	Eckert&Ziegler, Germany	2024	550		
D: [²²⁸ Ra(d,3n) ²²⁵ Ac] (linear accelerator)	Nusano, United States		≤160,000		Under evaluation
E: [²²⁸ Ra(γ,n) ²²⁸ Ra→ ²²⁵ Ac] (photoconverter)	NorthStar, United States	2023	3,700- 15,000	>37,000 [>1,000]	Rhodotron: nca 225Ac
	TerraPower, United States	2029	3,700-5,000		
	Niowave, United States	2023	≤18,000		Linac: nca ²²⁵ Ac
F: [²²⁸ Ra(n,2n) ²²⁸ Ra→ ²²⁸ Ac] (n from d on beryllium target)	Nusano, United States		≤44,000		Under evaluation



	DEVE	LUPMEN	Sgouros. Natu	ire Reviews 202	20 vol 19
"Lu-labelled WeoBOMB1	Novartis/AAA	GRPR*tumours	GRPR binding	Phase II; completed Phase I/II; completed	NCT0372425 NCT0293192
"Ho microspheres	Terumo	Hepatic malignancies	Radioembolization of liver microvasculature	Phase II; unknown recruitment status	NCT0206798
"Lu-labelled DOTA-JR11	lpsen	Neuroendocrine tumours	SSR-mediated binding and internalization	Phase I/II	NCT0259270
"Lu-labelled PSMA-R2	Novartis/AAA	Prostate cancer, tumour neovasculature	PSMA-mediated binding and internalization	Phase I/II; recruiting	NCT0349083
Ac-labelled CD38*	Actinium Pharmaceuticals	Multiple myeloma	CD38 antibody a-targeting	Phase I; recruiting	NCT0299804
Ac-labelled CD33	Actinium Pharmaceuticals	Leukaemia, MDS	CD33 antibody a-targeting	Phase I; withdrawn	NCT0370585
"Th-labelled ISLN-TTC*	Bayer	Mesothelin' tumours	Anti-mesothelin-a-emitter immunoconjugate	Phase I; recruiting	NCT0350745
"Th-labelled SMA-TTC*	Bayer	Prostate, tumour neovasculature	PSMA-targeting a-emitter immunoconjugate; PSMA* prostate cancer targeting	Phase I; recruiting	NCT0372474
"Th-labelled CD22-TTC*	Bayer	Lymphoma	Anti-CD22-a-emitter immunoconjugate; CD22* tumours (lymphoma)	Phase I; active, not recruiting	NCT0258187
"Lu-labelled TT-1403	Cancer Targeted Technologies	Prostate, tumour neovasculature	PSMA-mediated binding	Phase I; active, not recruiting	NCT0382287
"I-labelled	Cellectar	Paediatric cancer,	1111-labelled phospholipid	Phase I; recruiting	NCT0347846
LR 131		cancer, multiple	cancer cell-specific lipid raft	Phase I; suspended	NCT0410554
		myeloma, leukaemia, lymphoma	microdomains	Phase II: recruiting	NCT0295250
*I-labelled	Cellectar	Unresponsive solid	1311-labelled phospholipid	Phase & not recruiting	NCT0227831
CLR1404		tumour, multiple myeloma	ether analogue targeting cancer cell-specific lipid raft microdomains	Phase I; completed	NCT0149564
Ac-labelled	J6J/Fusion Pharma	NSCLC, pan-cancer	Insulin growth factor 1°	Phase I; recruiting	NCT037464



SELECTED RPT AGENTS UNDER DEVELOPMENT

RPT agent	Company	Indication	Properties	Development phase	NCT number
[¹¹¹ Sm]CycloSam	Oncolix/ Isotherapeutics	Osteosarcoma	Binding to hydroxyapatite matrix	Phase I; not yet recruiting	NCT03612466
DOTAMTATE*	OranoMed/ Radiomedix	SSR* tumours	SSR-mediated binding	Phase I; active, not recruiting	NCT03466216
"Lu-labelled RM2	ABX GmbH	GRPR* tumours	GRPR binding	First in human	-
HER2-TTC*	Bayer	HER2' tumours	Anti-HER2-a-emitter immunoconjugate	Preclinical	-
Pb-labelled PLE*	OranoMed/ Cellectar	Solid tumours	-	Preclinical	-
"Pb-labelled TEM1"	OranoMed/ Morphotek	TEM1 ⁺ tumours	-	Preclinical	7
^{ro} Pb-labelled aCD37*	OranoMed/ NordicNanovector	Leukaemia/ lymphoma	CD37 antibody a-targeting	Preclinical	-
"At-labelied aLAT-1"	Telix Pharma	Multiple myeloma	-	Preclinical	-
The list is not exhaust agents. MDS, myelody SSR, somatostatin rec	ive and includes only ag splastic syndrome; mlB eptor.	ents that are being deve G, meta-iodobenzylguar	Hoped by a commercial sponsor, *a- nidine; NSCLC, non-small-cell lung	Emitter-based radiopharma cancer; PSMA, prostate-spe	ceutical therapy (RPT) cific membrane antigen;
		Sgouros	Nature Reviews 20	20 vol 19	C K Boos

RPT SAFETY CONCERNS

- Written directive specifics
- Inventory
- 10 CFR Part 35, "Medical Use of Byproduct Material," includes requirements and provisions for the radiation safety of workers, the public, patients, and human research subjects.
- o 10 CFR 35.75(a) permits the licensee to authorize the release of any individual from its control who has been administered unsealed byproduct material or implants containing byproduct material if the total effective dose equivalent (TEDE) to any other individual from exposure to the released individual is not likely to exceed 5 milliseverts (mSV) (O.5 rem). The 5 mSv release limit applies per administration to the patient and is not a yearly limit.
- Records of the basis for authorizing patient release be maintained for 3 years if the bases of the release was other than the activity administered

RELEASE OF PATIENTS ADMINISTERED RADIOACTIVE MATERIAL DRAFT REGULATORY GUIDE DG-8061 Proposed Revision 2 to Regulatory Guide 8.39 Issue Date: April 2023

RADIONUCLIDE-SPECIFIC (NRC REGULATORY GUIDE 8.39 REV 2)

- Estimated radiation dose not likely to exceed
 - 500 mrem (5mSv) per treatment to ANY person
 - 100 mrem (1mSv) per year to any:
 - Child
 - Breastfeeding infant
 - Any other uninvolved individual
- Administered activity (e.g. 131 I \leq 8.6 mCi)
- \cdot Can be calculated residual based on activity OR
- Dose rate at 1 meter (e.g. \leq 1.8 mrem/h for ¹³¹I)

RADIONUCLIDE	COLUMN 1 (0.5 rem) Patient Release Threshold Q-release (mCi)	COLUMN 2 (0.1 rem) Instruction Threshold Q- instructions (mCi)
At-211	460	89
Bi-213	5700	1100
Cu-67	100	20
-131	8.6	1.7
Lu-177	110	22
Ra-223	7.3	1.5
Sm-153	180	38
Sr-89	89	18
Y-90	920	180
Zr-89	5.7	1.1

ESTIMATING POTENTIAL EXPOSURE TO OTHER INDIVIDUALS AFTER RADIONUCLIDE THERAPY

- Radionuclide-Specific
- Half-life, Exposure rate (Γ)
- Radionuclide-Specific (Not Radiopharmaceutical-Specific)
 Administered Activity, Time since
- administration
 Standard Patient-Specific
- Occupancy Factor, Distance from Patient









NUREG 1556 vol. 9 rev. 3

Emergency Surgery of Patients Who Have Received Therapeutic Amounts of Radionuclides

For emergency surgery or autopsy of patients administered byproduct material, National Council on Radiation Protection and Measurements (<u>NCRP) Report No. 111</u>. "Developing Radiation Emergency Plans for Academic, Medical, or Industrial Facilities," 1991, may contain helpful information.

Autopsy of Patients Who Have Received Therapeutic Amounts of Radionuclides

- Immediately notify the authorized user (AU) in charge of the patient and the RSO upon death of a therapy patient.
- An autopsy will be performed only after consultation and permission from the RSO. Radiation safety staff should evaluate the radiation hazard(s), direct personnel in safety and protection, and suggest suitable procedures to keep doses ALARA during the autopsy.
- Protective eyewear should be worn by the pathologist and assisting staff for protection from possible splashing of radioactive material. Consider the need for protection against exposure from high-energy beta rays in cases involving therapy with phosphorus-32 and yttrium-90.

NUREG 1556 VOL. 9 REV. 3

If an autopsy or cremation is to be performed

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- Immediately notify the AU in charge of the patient and the RSO upon death of a therapy patient.
- Consult and get permission from the RSO.
 - Instruct pathologist to excise tissue containing radioactive seeds.
 - Make pathologist aware seeds may have migrated and additional tissue may need to be removed.
 - Instruct pathologist to consult with RSO about the possibility of slicing through a seed and contaminating the facility.
- Seek municipal approval, if required, because the very high temperatures used in modern crematoria may cause seeds to burst, releasing radioactivity into the plume

RPT CONTRAINDICATIONS

- Category X
- Contraindicated in women who are pregnant or women who are continuing to breast feed
- Relative contraindications:
 - use in children under ten remains a subject of debate
 - patients who require nursing care because of physical debility, mental instability.

CLOSING

- Billions of dollars in radiopharmaceutical acquisitions and licensing
 Many ongoing trials
- Dominated by PSMA
- Virtual Biopsy with RPT
 - Large gap between biopsy-based tumor characterization and what is actually happening in the various tumor lesions in a single patient and between patients
 - Genomics, immunohistochemistry, PK/PD data, standard tumor assessment criteria by themselves are not enough to meet the goals of Precision Medicine
 - Choosing a dosing strategy for RPT
- Choosing a dosing strategy for RPT
 - Flat or weight based dosing is simple and easy
 - It works (possibly suboptimally)It's a shame to not utilize the theranostic capacity
 - Need to prove it is better